Toothache?

NHS Frimley

1. Try taking painkillers, like ibuprofen or paracetamol, or use a pain relieving gel. Pharmacist can help advise you with this. You may want to rinse your mouth with salt water and eat soft foods.

2. If you get pain when you bite, have a bad taste in your mouth or your toothache lasts more than two days, contact your dentist for an appointment.

3. If you do not have a dentist or cannot get an emergency appointment with your dentist contact NHS 111 online or call 111 – they can advise you what to do.



4. Only go to A&E if you have toothache and the area around your eye or your neck is swollen or swelling in your mouth or neck is making it difficult for you to breathe, swallow or speak.

Make The Right Choice